

123 N Center St.

www.lehi-ut.gov

801-768-7124

LEHI LEGACY CENTER WATER SAFETY INSTRUCTOR SEPTEMBER/OCTOBER 2010

Become An American Red Cross Water Safety Instructor!!!

Do you want to become a swim instructor? Come sign up to take the course. Course requirements include: individuals must be 16 years old by last date of class; demonstrate swimming skills consistent with the Stroke Performance Charts, Level 4, by swimming 25 yards of the following strokes: Front crawl, Back crawl, Breaststroke,

Elementary backstroke, Sidestroke, and 15 yards of Butterfly; Maintain position on back 1 minute in deep water (float or sculling); tread water for 1 minute. Certification of Fundamentals of Instructor Training included in course.

CLASS

September 27, 28, 29, 30 October 1, 4, 5, 6, 7, 8



***QUICK FACTS**

***Participants must attend all classes to get certified

*Must have 6 participants to hold class

REGISTRATION

Class space is limited, sign up now! Register at Registration Office Mon-Fri 8am-6pm or on-line www.lehi-ut.gov

INFORMATION

For more information contact Legacy front desk @ 801-768-7124